



HCEC Happenings

March Anniversaries

2 Years

Brandon Hizak
Cody Myrick
Erik Zamora

3 Years

Jazmine Carter
John Irwin
Blake King
Mary Nunez
Christian Rivera
Jessica Sangster

4 Years

Omar Cepeda

5 Years

Andrea Bell
Jennifer Clemonds

6 Years

Brandon Minnich
Sam Rodriguez

11 Years

Alex Rosales

15 Years

Heath White

17 Years

Nathan Platt

March 2022



EMS WEEK

Rising to the Challenge

May 15-21, 2022

EMS week 2022 is rapidly approaching, and we have some exciting things in store for you! The theme of this year is EMS: Rising to the Challenge. As is tradition we will be accepting submissions for this year's HCEC EMS Week T-Shirts. The winning design will receive a \$100 gift card.

Customink.com and zazzle.com are two sites you can use to create your masterpiece. Please submit designs by March 25, 2022 to lnanninga@hcec.com.

HCEC in the Community

In the month of February HCEC trained 75 Aldine ISD nurses at a mass Stop the Bleed Class, and production was begun of a pedestrian safety video (including Toro and Diesel) made possible with the help of the Texas Department of Transportation through our second TxDOT pedestrian safety grant.

Be sure to be on the look out for the following events in March and April:

- 3/22 Car Seat inspections at Bender
- 4/5 Prenatal Class at Bender
- 4/23 Car seat event with Aldine Fire Department

Please inform patients that may benefit from these events that we offer them free of charge!



HCEC Happenings

March Birthdays

Mike Pulk	3/2
Greg Perches	3/3
Joe Englade	3/7
Collin Poole	3/8
Phillip Pegg	3/10
Jimmy Silva	3/10
Jane Webb	3/11
Tammie Davis	3/12
Suraya Asif	3/14
Kyle Higginbotham	3/15
Damon Bacon	3/16
Amanda Ciulla	3/16
John Trigo	3/16
Moraya Walls	3/18
Gabby Barrios	3/20
Alex Rosales	3/23
Alejandro Posada	3/24
Syndira Bryan	3/25
Norman Zheng	3/25
Tom Sanchez	3/26
Bryan Whitfill	3/27
Demarcus Cleveland	3/28
Tiffany Hanes	3/30
Lonzo Mathews	3/30
Shameeka Murphy	3/30
Mary Nunez	3/30

Texas Out of Hospital Do Not Resuscitate (OOH-DNR) Directives Quick Fact Sheet for HCEC Field Staff



Provided by:
Harris County Emergency Corps
Community Health Program

MECHANISMS

- Original 2-sided paper DNR
- Paper copy of 2-sided DNR
- Presence of necklace or bracelet with the word "Texas" (or state shape with word "STOP") and the words "Do Not Resuscitate"

An electronic copy of
a DNR is **INVALID**

SIGNATURES

- Attending physician signature is always required
- All signers must **SIGN AGAIN** at the bottom of the document
- In **MOST** cases, either two witness signatures **OR** notarization is required (review instructions on back of DNR)

TREATMENTS WITHHELD

- CPR
- Advanced Airway Management
- Artificial Ventilation
- Defibrillation
- Transcutaneous Cardiac Pacing

Other emergent care, including
comfort care, is **NOT** affected.

LATE DNR ARRIVAL

- Should resuscitation actions have been initiated and a valid OOH-DNR is subsequently produced, resuscitation may be discontinued **without** contacting medical direction

REVOCATION

- A DNR can be revoked at any time by the person, person's representative, or physician who executed the order.
- Revocation can be via communication with healthcare professionals, destruction of the form, or removal of a DNR device

AUTOMATIC REVOCATION

- Incomplete DNR
- Missing two sets of signatures from each party
- Person known to be pregnant
- Unnatural or suspicious circumstances

NOTES

- Hospice patients are **NOT** required to have a DNR in place. In order to withhold resuscitation, verify the presence of a DNR for all cardiac arrests
- If a patient with a valid OOH-DNR expires during transport, continue non-emergency transport and call Medical Consult Line when possible
- For any disputes regarding an OOH-DNR, contact the Physician Hotline

Updated March 2022

Consistent with HCEC Clinical Operating Guidelines - P12



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Upcoming Continuing Education

3/14 Cadaver Lab
3/16 Handtevy
**3/17-18 Difficult
Airway-EMS**
3/23 ACLS Update
3/30 PALS Update
3/31 PHTLS Hybrid

Credentialing Upgrades

**Congratulations to
Evan Scott and
Slate Uys on
earning their
EMTP-4 credential!**

Updates to the HCEC Mask Policy

HCEC prioritizes the safety of our staff and patients and has relied on recommendations from the CDC concerning mask utilization and PPE since the beginning of the pandemic.

The most recent updates recommend infection control procedures in healthcare settings/ healthcare providers be based on local community transmission. Harris County is currently listed in the "substantial" (orange) category. If current trends continue, we expect to be in a lower category soon. N95 masks should be worn on all patient encounters unless you are with a patient in a well-ventilated, outdoor setting where you may wear a surgical mask (unless performing aerosol-generating procedures or if the patient is known/ suspected COVID-19 positive).

In non-healthcare settings (e.g. administration, not primarily patient care centered work, and downtime at the station) new guidelines recommend infection control procedures based on local community levels. Harris county is currently listed in the medium "yellow" category. Masks are optional but remain highly encouraged for unvaccinated individuals. If you are at high-risk for severe illness, talk to your healthcare providers about whether or not you need to wear a mask and/or take other precautions. Stay up to date with your COVID-19 vaccines, and get tested if you have symptoms.



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New Faces in Familiar Places

Hunter Klank EMT-B

Hunter came to HCEC in January of 2021 as a member of the Events Team. He is originally from Beaufort, South Carolina but was raised in Houston. Hunter has been in EMS for 10 years and initially spent some of that time on a firetruck.

Hunter enjoys being able to make patients feel better on their worst days.

He also enjoys being challenged with the variety of patients EMS presents. He came to HCEC because he had always wanted to work for a company with high call volume and he would always saw our black ambulances drive by while attending Lonestar North Harris. Some of Hunter's friends suggested HCEC and the rest is history! Hunter is currently in Paramedic school and enjoys visiting arcades in his free time. Something you may find interesting about Hunter is that he used to own his own landscaping company that serviced over 120 clients a week. We are happy to have you, Hunter!



Hunter Klank EMT-B

Discounts for Days

Be sure to check out this section monthly for deals and discounts available to first responders.

Lululemon- Looking for some new workout gear? Lululemon is a quality brand that comes with a lifetime warranty. Present your valid ID in-store to receive 25% off full-price and marked-down items.

Costco- Is it time to renew your Costco membership or are you looking to become a member? Be sure to present your first responder ID to receive a \$20 gift card immediately upon enrollment.



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**Corasis Guerrero
AEMT**

From the Wellness Committee

Thank you for all of the survey responses! We are super excited to provide beneficial and fun resources for everyone to improve their mental health, physical health, and overall well-being. Stay tuned as we get together our first event in the next couple months.

-Marisol and Tiffany

Corasis Guerrero AEMT

Corasis also joined HCEC in January of 2021. She was born in Houston, Tx and raised in Brownsville. HCEC is her first EMS job with a 911 division, and she has previous experience in private EMS.

Corasis enjoys being able to provide help and be someone's ear when they are at their most vulnerable. While going to HCC for her AEMT certification she met an HCEC employee who had great things to say about HCEC and she decided to apply. Corasis says that outside of work she is busy being a mom. She has a 7 year old son and a newborn daughter that was born on January 27th of this year. (Congrats Corasis!) Corasis wants others to know that even though she may come off as unapproachable, she is just an introvert. If you start a conversation she will get comfortable fast. Don't be shy when you see her and welcome her to HCEC!



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Jose Iquique EMT-B

Jose joined HCEC in June of 2021. He was born in Guatemala and he now lives near Cypress. Jose has been in EMS for 3 years and his favorite things about EMS are the "crazy experiences" and schedules. Jose initially came to work for HCEC because he wanted to be a part of our events division and he heard about the company's great reputation. When Jose isn't working he enjoys traveling to other states, riding his motorcycle, and starting new projects around the house. An interesting fact about Jose is that he has been ran over by a car before.



**Jose Iquique
EMT-B**

Diego Salvatierra EMT-B

Diego is from Venezuela. He came to the United States in 2013. He obtained his EMT during high school and began working immediately for a private EMS service after graduating. His hobbies include going out with friends, playing volleyball, going to the movies, and enjoying the Houston night life. Diego recently became a US citizen after 9 years of waiting. Diego would like his coworkers to know that he's happy to be a part of HCEC and he looks forward to growing here and sharing experiences with you.



**Diego Salvatierra
EMT-B**