



# Setting up Your HealthiestYou App!



Download on the App Store



ANDROID APP ON Google play



## Step 1

Search and download "HealthiestYou" or "HY" in the app store or Google Play! Available on your iPhone or Android device



## Step 2

Click Register Now to get started

--Note, the app registration is separate from the online member portal registration



## Step 3

Select Primary Member



## Step 4

Enter the Primary Member's information:

- Last Name
- D.O.B.
- Zip Code



## Step 5

Click your name



## Step 6

Enter your information

- Your email address
- Select a password
- Retype your selected password



## Step 7

Enter your phone #

-- This will be the best # to have a physician reach you at.



## Step 8

### SKIP THIS STEP:

If you have your insurance card handy, select "I have my Insurance info". You can enter your insurance information later too.

**ONLY SELECT:**  
- Accept the Terms & Conditions"

- Click Create Account



## Step 9

Start!

- Talk to a doctor
- Locate a provider
- Price Procedures
- Compare RX Prices
- Find Recipes

# Introducing HealthiestYou - A New Benefit for You and Your Family



We are pleased to let you know that Harris County Emergency Corps is offering free of charge **HealthiestYou**, a new, innovative solution that puts consumers in the center of their own health care, providing industry changing telemedicine, cost transparency, provider discovery, insurance connectivity and prescription savings at their fingertips.

This new noncontributory health benefit is available to **ALL employees** and their spouse/dependents **effective NOW**.

**HealthiestYou**, the nation's leader in telehealth engagement, member utilization and fun puts consumers in control of their healthcare by bringing simplicity and convenience to doctor access, personal healthcare information and costs.

## HealthiestYou:

- Will cover your entire family—you, your spouse, and dependent children complements of HCEC.
- Serves as an accessible and affordable complement to primary care, saving time, money, worry, and hassle for companies and their employees.
- Provides completely confidential, unbiased information.

All employees are automatically enrolled in the “employee only” coverage with **HealthiestYou**.

If you wish to enroll your dependents please contact HR for enrollment information.

We encourage you to visit <http://www.healthiestyou.com> for additional information.

A screenshot of the HealthiestYou app interface, titled "What We Do". It features six icons and their corresponding descriptions:

- 24x7 Access to Doctors:** When you get sick, our doctors are standing by 24/7 waiting to help you. They can diagnose, treat, and often prescribe for an array of medical issues.
- Provider Discovery:** Need to search for a nearby doctor, dentist, or other provider? Our radar makes it easy. You can even research your doctor's fees!
- Prescription Savings:** Our awesome price comparison engine can save you up to 65% by shopping and comparing a variety of prescriptions to find the best price, nearby.
- Insurance Connectivity:** Real-time connectivity to more than 400 insurance carriers for up-to-date coverage information, deductible tracking and benefit summaries.
- Price Transparency:** Our app lets you compare health insurance pricing for common procedures across the city or around the country.
- Intelligent Alerts:** Content and location sensitive alerts delivering benefit and savings reminders, helping members better utilize their insurance plans and our services.



Connect with a Doctor  
24x7 to Diagnose, Treat  
& Prescribe **FOR FREE!**

## TOP 5 REASONS WE VISIT THE ER OR URGENT CARE



### ALLERGIES

ER: \$345

UC: \$97

**HY: \$0 (FREE)**

### BRONCHITIS

ER: \$795

UC: \$123

**HY: \$0 (FREE)**

### SINUSITIS

ER: \$617

UC: \$105

**HY: \$0 (FREE)**

### EARACHE

ER: \$400

UC: \$110

**HY: \$0 (FREE)**

### URINARY TRACT INFECTIONS

ER: \$940

UC: \$108

**HY: \$0 (FREE)**



And don't forget to  
**DOWNLOAD THE APP!**



HEALTHIESTYOU IS NOT HEALTH INSURANCE, AND WE ENCOURAGE ALL MEMBERS TO MAINTAIN ADEQUATE INSURANCE FROM A RESPONSIBLE PROVIDER. HEALTHIESTYOU IS DESIGNED TO COMPLEMENT AND NOT REPLACE THE CARE YOU RECEIVE FROM YOUR PRIMARY CARE PHYSICIAN. HEALTHIESTYOU PHYSICIANS ARE AN INDEPENDENT NETWORK OF DOCTORS WHO ADVISE, DIAGNOSE, AND PRESCRIBE AT THEIR OWN DISCRETION. PHYSICIANS PROVIDE CARE AS AVAILABLE AND OPERATE SUBJECT TO STATE REGULATIONS. PHYSICIANS IN THE INDEPENDENT NETWORK DO NOT PRESCRIBE OR CONTROLLED SUBSTANCES, NOR THERAPEUTIC DRUGS AND CERTAIN OTHER DRUGS WHICH MAY BE HARMSFUL BECAUSE OF THEIR POTENTIAL FOR ABUSE. HEALTHIESTYOU DOES NOT GUARANTEE THAT A PRESCRIPTION WILL BE WRITTEN.

www.healthiestyou.com | customer service 855-894-9627 | designed with love in scottsdale, az

# TOP 50 HY DIAGNOSES

1. ACUTE UPPER RESPIRATORY INFECTIONS OF UNSPECIFIED SITE
2. ACUTE SINUSITIS UNSPECIFIED
3. ACUTE PHARYNGITIS
4. URINARY TRACT INFECTION
5. ACUTE BRONCHITIS
6. ACUTE CONJUNCTIVITIS UNSPECIFIED
7. UNSPECIFIED OTITIS MEDIA
8. STREPTOCOCCAL SORE THROAT
9. ALLERGIC RHINITIS CAUSE UNSPECIFIED
10. COUGH
11. INFECTIVE OTITIS EXTERNA UNSPECIFIED
12. ACUTE NASOPHARYNGITIS (COMMON COLD)
13. OTALGIA UNSPECIFIED
14. OTHER ACUTE PAIN
15. CONTACT DERMATITIS, NOS
16. RASH AND OTHER NONSPECIFIC SKIN ERUPTION
17. VAGINITIS AND VULVOVAGINITIS UNSPECIFIED
18. CANDIDIASIS OF VULVA AND VAGINA
19. ABDOMINAL PAIN UNSPECIFIED SITE
20. CELLULITIS AND ABSCESS OF UNSPECIFIED SITES
21. ACUTE CYSTITIS
22. HERPES SIMPLEX WITHOUT COMPLICATION
23. FEVER UNSPECIFIED
24. ACUTE TONSILLITIS
25. PAIN, LOW BACK
26. UNSPECIFIED DENTAL CARIES
27. UNSPECIFIED VIRAL INFECTION
28. INFECTIOUS COLITIS ENTERITIS AND GASTROENTERITIS
29. CONJUNCTIVITIS, VIRAL NOS
30. INFLUENZA WITH OTHER RESPIRATORY MANIFESTATIONS
31. OTHER ACUTE OTITIS EXTERNA
32. ACUTE GOUTY ARTHROPATHY
33. EXERCISE-INDUCED BRONCHOSPASM
34. UNSPECIFIED CONSTIPATION
35. NAUSEA WITH VOMITING
36. CROUP
37. UNSPECIFIED ESSENTIAL HYPERTENSION
38. DEHYDRATION
39. CONJUNCTIVITIS, MUCOPURULENT
40. ALLERGIC URTICARIA
41. TOBACCO USE DISORDER
42. DIARRHEA OF PRESUMED INFECTIOUS ORIGIN
43. INSECT BITE NONVENOMOUS OF TRUNK WITHOUT INFECTION
44. CONTACT DERMATITIS AND OTHER ECZEMA DUE TO OTHER SPECIFIED AGENTS
45. SCABIES
46. ACUTE SWIMMERS' EAR
47. DIARRHEA, NOS
48. MYALGIA AND MYOSITIS UNSPECIFIED
49. HERPES ZOSTER WITHOUT COMPLICATION
50. EXTERNAL HEMORRHOIDS WITHOUT COMPLICATION